

Schedule of Activities Vegan Organic Fest 2022

Friday

Breakfast 8.30-9.45 Apple Barn

8am Daily yoga class with Giles-**Apple Barn**

9am **Green Man Gongs** with Jason-**Yoga space**

10am **Foraging walks** with Jon Dale-**Outside/Marquee**

10am **Circus Mr Be-Dome**

11am **Rachel Mayfield**– The Contemporary Song workshop

Yoga space

11.30 **Learn Tai-Chi** with Martyn Lewis-**Dome**

11.30 **Talk-** Jonathan Barker-Creating a Forest Garden- **Apple Barn**

Lunch 12.30-2pm Live music with Inner Voice Dave and Clive-

Apple Barn

2pm **Tibetan sound healing** with Bre Chittenden-**Yoga space**

2pm **Learn willow weaving** with Cherry Chung-**Marquee**

3.30 **Talk** Connecting To The Wisdom Of Plants And Medicinal Mushrooms For Health And Wellbeing-Juliette Bryant **Apple**

Barn

4pm **Human Rhythms** Dance with Si-**Outside/dome**

5pm **Learn to juggle-Outside/dome**

5pm **Women's Circle** with Agnieszka (Aga) **Yoga Space**

6-8pm Evening meal & Live music till late -Apple Barn

Bfriendly

Mushroom Ceremony

Rachael Mayfield, 432, The Perpetual Choirs

10.30pm Green Man Gongs-Yoga space

10.30pm Late night silent disco and fire by marquee

Schedule of Activities Vegan Organic Fest 2022

Saturday

Breakfast 8.30-9.45-Apple Barn

8am Daily yoga classes with Brett-**Apple Barn**

9am **Green Man Gongs** with Jason-**Yoga space**

10am **Foraging walks** with Jo Barker-**Outside/Marquee**

10am **Circus** with Mr Be-**Giant Dome**

11.30 **Learn Tai-Chi** with Martyn Lewis- **Giant Dome**

11.30 am– **Meditate on the Voice workshop-** Rachel Mayfield **Yoga Space**

Lunch 12.30-2pm and Live music with 432 Apple Barn

2pm **Tibetan sound healing** with Bre Chittenden-**Yoga space**

2pm **Learn willow weaving** with Cherry Chung-**Marquee**

3pm **Learn Chakra Dance** with Jules-**Outside/Marquee**

3.30pm **Talk** Juliette Bryant: How To Raise Our Vibration With Plants **Apple Barn**

4pm **Human Rhythms Dance** with Si-**Outside/dome**

5pm **Learn to juggle-Outside/dome**

5pm **Singing workshop** with Giles - **yoga space**

6-8pm Evening meal & Live music till late -Apple Barn

Inner Voice Dave and Clive

Rachel Mayfield

Dark Station

Giles Bryant and Friends

10.30pm Late night silent disco and fire by marquee

Schedule of Activities Vegan Organic Fest 2022

Sunday

Breakfast 8.30-9.45-Apple Barn

8am Daily **yoga classes** with Rosie-**Apple Barn**

9am **Tibetan sound healing** with Bre Chittenden-**Yoga space**

10am **Foraging walks** with Jon Dale-**Outside/Marquee**

10am **Circus** with Mr Be-**Giant Dome**

11am **Evoking Embodiment** with Vieve Richardson-**Yoga Space**

11.30 **Learn Tai-Chi** with Martyn Lewis- **Giant Dome**

11.30 **Talk** Dan Graham Vegan Organic Network **Apple Barn**

Lunch 12.30-2pm and Live music Bfriendly

Apple Barn

2pm **Learn willow weaving** with Cherry Chung-**Marquee**

2pm Simplyrawgeous Raw Food demo and workshop with **Pete Apple Barn**

2pm **Green Man Gongs**-**Yoga space**

3.30pm **Talk** Rich Hardy **Apple Barn**

4pm **Human Rhythms Dance** with Si-**Outside/dome**

5pm **Learn to juggle**-**Outside/dome**

5pm Evoking Embodiment with Vieve Richardson **Yoga Space**

6-8pm Evening meal & Live music till late -Apple Barn

Inner Voice

Bfriendly

432

Mark Barnwell, Peace on your Plate

10.30pm Late night silent disco and fire by marquee